

# WCCS - Menu & Events

## NOVEMBER 2016



Meals are served with fruit and/or vegetables every day.

Please check our Facebook page or the website for updates and / or changes to the calendar. Thank you.

<b>ALTERNATE MEAL \$3.00+ milk = \$3.40</b>	WCCS CAFETERIA FOLLOWS THE HEALTHY EATING IN SCHOOL GUIDELINES, IE: LOW FAT CHEESE, WHOLE WHEAT CRUSTS FOR PIZZA, and LOW SODIUM PRODUCTS.				
<b>CHEESE PIZZA</b>	<b>OCT. 31 Pancakes &amp; Ham &amp; Fruit</b>	<b>1 Roast Pork Dinner</b>	<b>2 Turkey Casserole</b>	<b>Chili &amp; Corn Bread</b>	<b>4 Cold Plate</b>
		COMMUNITY DINNER	Grade 9 only – Take your Kids to Work Girl V-Ball B Home Game		Girls V-Ball A Team Tournament Halifax
<b>GARLIC PIZZA</b>	<b>7 Pancakes, Fruit &amp; Sausage</b>	<b>8 Turkey Dinner</b>	<b>9 Spaghetti &amp; Sauce with Breadstick</b>	<b>10 Chicken Nuggets, Fries &amp; Veggies</b>	<b>11 No School</b>
	V-Ball A Home Game	COMMUNITY DINNER		Remembrance Service in the Park 10:45-11:45 V-Ball B SCA	Remembrance Day
<b>PEPPERONI PIZZA</b>	<b>14 No School</b>	<b>15 Ham Dinner</b>	<b>16 Mac &amp; Cheese &amp; Breadstick</b>	<b>17 Tex Mex Potato Wedges</b>	<b>18 Tacos &amp; Fruit</b>
	Assessment & Evaluation Day	COMMUNITY DINNER	V-Ball B Redcliff		
<b>CHEESE PIZZA</b>	<b>21 French TOAST, Bacon &amp; Fruit</b>	<b>22 Shepherd's Pie</b>	<b>23 Goulash &amp; Biscuit</b>	<b>24 Cheezy Fries &amp; Veggies</b>	<b>No School</b>
	V-Ball A - TJHS	COMMUNITY DINNER V-Ball A Home Game		Report Cards go home Parent Teacher 6:00 -8:00 PM V-Ball Quarter Finals B	Parent Teacher 9:00 AM -12:00 Noon
<b>GARLIC PIZZA</b>	<b>28 Breakfast Sandwich &amp; Fruit</b>	<b>29 Lasagna &amp; Garlic Bread</b>	<b>30 Chicken Broccoli Alfredo</b>	<b>Dec. 1 Loaded Nachos &amp; Veggies</b>	<b>Dec. 2 Cheese Burger &amp; Fries</b>
	V-Ball Final 4 – B Quarter Final - A	COMMUNITY DINNER			

Meal prices for 2015-2016	Elementary	Junior High	Snack Items	
<i>Meals are served with fruit and /or veggies every day.</i>				
Meal only	\$3.75	\$4.50	Popcorn Small .50¢	Large .75¢
Meal with 250 ml milk	\$4.00	\$4.75	Welch's Fruit snacks	\$1.00
Meal with white milk + dessert	\$4.50	\$5.25	Frozen Fruit sorbet	\$1.00
<b>Available Daily:</b>			Cookie	50¢
6" Hoagie sub	\$4.50		Gold Fish	50¢
Egg, Tuna, Grilled Cheese sandwich	\$3.00		Arrowroot	35¢
Chicken, Turkey, Ham sandwich	\$3.00		Fresh Fruit 4 oz. serving	50¢
Hamburger – 2 oz. Cheese burger \$3.25	\$2.75		Chocolate milk 250 ml	\$1.35
Large Caesar salad	\$3.50		Chocolate milk 500 ml	\$2.00
Small Caesar salad	\$2.75		<b>White/skim milk 250 ml</b>	<b>40¢</b>
Chicken Caesar salad	\$4.50		Bottled water 500 ml	\$1.00
Fries Small \$2.00	Large \$3.00		Breadstick	\$1.00
Chicken Wrap Small \$2.50	Large \$3.50		Cheese strings/ sticks	75¢
			Sun Chips	\$1.00

Dear

**NOVEMBER**

Be awesome!



27 Maple Avenue  
Bass River, Nova Scotia B0M 1B0  
Principal: Clint Oakley  
Telephone/Fax: 647-3500/3505



## November 2016 NEWSLETTER

### PRINCIPAL'S MESSAGE

Students and staff have been very busy in October and it's amazing that rolling into November we are nearing the end of First Term. A reminder that Parent teacher is coming on November 24<sup>th</sup> in the evening from 6-8 and from 9-12 on October 25. Information will be sent home later in month to set appointments with your teacher. We look forward to meeting with you about your child's progress. Report cards will be sent home on October 24<sup>th</sup>.

With winter on way, below is an excellent quote from *The Order of the Phoenix* by J. K Rowling that perfectly describes the onset of Winter:

"October extinguished itself in a rush of howling winds and driving rain and November arrived, cold as frozen iron, with hard frosts every morning and icy drafts that bit at exposed hands and faces."

So please remember that your child will be outside for recess and lunch. It is extremely important to ensure warm hats and mittens are worn each day. Thank you for your cooperation in advance of the cold weather.

On Thursday, November 10<sup>th</sup>, Debert Elementary will join us at the Veteran's Memorial Park to honor our members of Canada's Armed Forces. Feel free to attend from 10:45-11:45am on this day. If the weather does not permit the ceremony will be in the gymnasium at WCCS.

I'd like to thank everyone for amazing October and I hope November is full of new and exciting educational opportunities.

Thanks,  
Mr. Oakley.



### Student Recognition:

Reuben van den Hoek, Maximus van den Hoek, Ewan Patriquin, Jason Rushton, Olivia Pugsley, Rebekah Freeman, Ava Gould, and Marshall Field

### Important Dates:

Wednesday, November 2: Take your Kids to Work Day (Grade 9 only)

Thursday, November 10: **Remembrance Day Ceremony** (Veteran's Park)  
10:45-11:45 Everyone welcome.



Friday, November 11: Remembrance Day (No School)

# Veteran's Memorial Remembrance Day Service Luncheon November 11, 2016

Hello Everyone,

On Friday, November 11<sup>th</sup>, the Home and School Committee will once again be hosting a luncheon at WCCS for the Veteran's Memorial Park Remembrance Day Service. We are looking for donations of sweets, veggie trays and fruit/cheese trays.

This is a great fundraiser for our school and money raised will go toward student activities and school trips.

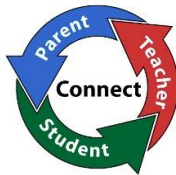
We will be making the sandwiches that morning ([Friday @ 9am](#)) in the Family Studies room and anyone available that day to help with prep and serving would be most welcome! If you are able to donate any of the above, please reply back and let us know. Donations can be dropped off at the school Thursday the 10<sup>th</sup> or the Friday morning of the service.

Your help is greatly appreciated!

Any questions please call Nellie @ 647-2039 or Beth @ 890-9079 or WCCS @ 902-647-3500 or email [ognmclaughlin@gmail.com](mailto:ognmclaughlin@gmail.com)

Thank you in advance.

Monday, November 14: Assessment and Evaluation Day (No School)



November 24: **Report Cards Distributed & Parent Teacher** 6:00-8:00 pm

November 25, 9:00-12:00 Parent Teacher (No School)



We will be having our 2<sup>nd</sup> Annual Christmas Bazaar in December. If you were thinking of discarding items that were new or gently used, West Colchester School wants them for the Bazaar. Unfortunately we are unable to house these items until the days leading up to the event so we ask you to not throw them out. More details will follow.

## Information for Parents and Guardians from the Department of Education and Early Childhood Development

October 27, 2016

On Tuesday, October 25, the Nova Scotia Teachers Union (NSTU) voted in favour of a strike. The earliest NSTU members can take any form of job action is December 3, 2016. Potential job actions can range from a province-wide strike to work-to-rule.

The government will continue to work with the NSTU and is committed to addressing teacher working and student learning conditions. A new partnership working group, comprised of representatives from the NSTU, school boards and the Department of Education and Early Childhood Development, will have their first meeting within the next two weeks to continue to talk about the important issues facing teacher working and student learning conditions. We understand that talk of any labour disruption can result in anxiety and concern for students and their families. Should a job action occur, every effort will be made to minimize disruptions to your child's education.

As the situation evolves, updates will be available through [www.ednet.ns.ca](http://www.ednet.ns.ca) and @nseducation on Twitter.